COVID-19 Signs & Symptom for Parents

People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus. People with these symptoms may have COVID-19.

If your student has **ONE OR MORE** of the following symptoms please keep your student home and notify the school. Refer to the District 70 exclusion flow chart for isolation of sick students.

- Fever > 100.4 F or Chills
- Shortness of breath or difficulty breathing
- Congestion or runny nose
- Fatigue
- Muscle or body aches
- Headache
- New or Persistent Cough
- New loss of taste or smell
- Sore Throat
- Nausea or vomiting
- Diarrhea

This list does not include all possible symptoms. CDC will continue to update this list as we learn more about COVID-19.

Revised 08/17/20 CC RN